Floodplain Reconnection Stream Restoration Increases Water and Nutrient Retention

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Floodplain Reconnection and Restoration

• Purpose

- To establish a connection between stream channel and the surrounding terrestrial environment
- Why we're using it
 - Increased water storage
 - Increased nutrient storage
 - Increased resilience to flooding
 - Reduced erosion

Historically, streams in this area behaved this way.



Cooper, Hiscock, & Lovett, 2019

Erosion

High water velocity post rainfall

Increased water storage

Reduced sediment flux into channel

Less SW nutrient export DS

Less sediment export DS

Ecosystem Concepts



FPOM is fine particulate organic matter; CPOM is coarse particulate organic matter; P/R is the production/respiration



Sediment Dynamics



Excess sediment can cause: turbid water, habitat destruction, lower biodiversity



Sediment can harbor excess nutrients



Velocity and volume of water moves sediment at different rates

Nutrient Cycling



Nutrients are vital for ecosystem health, but too much or too little can be harmful to biodiversity



Many different biotic and hydrologic factors control rates of nutrient retention, removal, and release



McMillan and Noe note that nutrient processing rates were primarily controlled by physical channel features



Simplified channel structure does not lead to a connected system like varied, natural streams do

Objectives

- Characterize impact of the floodplain reconnection method by comparing the following characteristics of restored and unrestored sites
 - Water storage
 - Sediment retention and export
 - N and P retention and export in the sediment and surface water
 - Carbon accumulation and retention

Methods

- Flow and Water Level
- Water and Sediment Chemistry
 - Nutrients
 - Carbon
 - Pore Water
- Carbon Inputs





Study Sites



Primary headwaters

Headwaters

Wadeable



Flow and Water Storage

- Channel flow with flume, SonTek, or pygmy
- Salt tracing to measure transient flow with YSI meter
- Water storage is difference between salt tracing flow (includes vadose zone) and channel flow

Water Level Monitoring

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Water Chemistry

- Samples analyzed for TSS, N, and P
- Myron
 Ultrameter
 used for field
 parameters

Total Organic Carbon Summer & Fall 2022

- Collection: glass 40 mL vials
- Hach Test 'n Tube method
 - Analytical triplicate



- 10 mL of sample combined with 0.4 mL or putter solution and spun for 10 minutes
- Sample digested for 2 hours using a block digester
- TOC measured using DR2800 spectrophotometer



Sediment Dynamics

- Sediment pit traps at all downstream sites
- Grain size distribution
- TN and TP concentrations
- Trowel method when needed



Pore Water

- Measured dissolved N and P concentrations in upper layer
- Micro-rhizon samplers collected water from upper soil layer
- Soil temp, pH, DO, ORP, conductivity, moisture content determined by Orion meter

Large Woody Debris Index

- 100 m stretch
- Dead piece of wood that is at least 10 cm in diameter and at least one-meter long (more than 3 pieces together is considered a debris dam)

Data collected for index for individuals:

Length/bankfull width

Diameter (cm)

Location

Type (bridge, ramp, buried, and submerged)

Structure (amount of branches/roots attached)

Stability (potential mobility)

Orientation (degrees)

Leaf Litter Input

- 5 baskets per site
- Random placement with in the 100m stretch of stream with a 3m buffer on each side of the stream
- Collected every 2 weeks starting 10/10
- Contents dried and weighed after a minimum of 10 days
- Pictures taken after drying on 10/24, 11/6, 11/19 and 12/3







Soil Organic Matter

- Soil dried at 95 Celsius
- Ground and sieved until each site had 500g of fine soil
- 3 crucibles with 50g of soil were used per site
- Burned at 400 Celsius for 3 hours
- The Loss on Ignition weight was then taken



Results

- Rainfall, Flow, Water Storage
- Nutrients in Water, Pore Water, and Sediment
- Carbon Input and Storage



Precipitation by Year in Waynesburg PA

Only significant difference between precipitation in 2014 and 2018





Wadeable streams

Molinari – Slope decreased post-restoration. This means that water level stays fairly consistent over a wide range of wetness and is not influenced by periods of high precipitation nearly as much as it was pre-restoration.

Lebanik – Water level was lower postrestoration. Contrary to my hypothesis, behaves oppositely Molinari and the slope increases post-restoration, meaning that the water level was more influences by periods of high precipitation.



Headwater streams

Beham – Water level was higher postrestoration. Slope increased post-restoration.

Molinari Trib - Slope decreased post-restoration





Primary headwaters

McCulley – Slope decreased post-restoration

Unit 4D – no pre-restoration data, but the trendline is flat like most of the other sites post-restoration, so likely a decrease



Flow

- Low flow: July 2020
- Base flow: November 2020
- High flow: March 2021



Not different by restoration status, different by size class

July 2020 Flow Rate (cfs) by Size Class



November 2020 Flow Rate (cfs) by Size Class



March 2021 Flow Rate (cfs) by Size Class



Sediment Dynamics

• More fine-grained sediment in restored sites

Sediment Grain Size Distribution at Unrestored Streams



Sediment Grain Size Distribution at Restored Streams



Av. % > 2 mm Av. % 425 um - 2 mm Av. % < 425 um

■ Av. % > 2 mm ■ Av. % 425 um - 2 mm ■ Av. % < 425 um

Sediment Dynamics

• TSS load export/sq mi was highest in high flow, lowest during low flow



Nutrients



• More N and P in restored sites





March Nutrient Export Per Square Mile

 Nutrient Flux
 Variable with flow, not restoration status



Floodplain Nutrient Interactions: PW and SW



Total Organic Carbon Summer and Fall 2022

TOC and Season p< 0.05



Sediment Carbon Content

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McCulley Molinari Tributary Kent Beham One way Anova of quarterly sediment data for Kent, Beham, 60000 McCulley, and **Molinari Tributary** Carbon compared to restoration status p=0.09 40000 Extremely small sample size 20000 n Summer 20 Fall 20 Winter 21 Summer 21 Spring 21 Fall 21

Large Woody Debris Index

No statistical relationship between large woody debris and TOC or Restoration Status



Leaf Litter Input

No statistical relationship between leaf litter input and TOC or Restoration Status



Soil Organic Matter

No statistical relationship between soil organic matter and TOC.

Soil organic matter vs. Restoration status p<0.05.



Restoration Status

Conclusions

- Water storage
 - Slightly increased in restored sites
- Sediment
 - Higher proportion of fine-grained sediment at restored sites
 - DS TSS load was driven by flow
 - TSS export/sq mi was lowest at pre-restoration sites
 - Sediment retention was occurring during high flow at restored sites
- Nutrients
 - Sediment: Richer in N and P in restored sites
 - Surface water: Retention was variable, seemingly seasonal or flow dependent
 - Interactions: May be a positive relationship between sediment and surface water N concentrations at restored sites, more organic P in PW than SW

Conclusions

- Total organic carbon
 - Dependent upon season (greater in the growing season), not restoration status
- Carbon Input
 - Not significantly different between restoration status
- Soil organic matter
 - Greater in restored sites than unrestored

Acknowledgements

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Western Pennsylvania Conservancy



Thank you! Questions?

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